



TRAVEL TIPS – FALL EAST COAST HISTORICAL PROGRAM

FUNDS WHILE TRAVELING: We recommend you bring either traveler checks or a debit/credit card and very limited amounts of cash. Both are safer than cash and are accepted everywhere. However, you must have picture I.D. (student I.D.)

WHAT SHOULD YOU PACK? Early spring months on the East Coast will be more cool than warm with possibility of rain. We suggest comfortable, casual clothes and walking shoes for daytime touring, a jacket, sweatshirts, and a rain poncho. If your group has a theatre performance or a special meal in a restaurant, dress clothes (no jeans) should be included in your packing. Also, most of the hotels you will be staying in have indoor swimming pools, so be sure to take your swimming suit.

We recommend that all passengers wear a watch at all times. Punctuality is very important on these types of trips. Photos are also very important to travelers. We suggest that travelers purchase disposable cameras. They take great pictures and if for some reason they get lost, you will not have lost an expensive camera. One last suggestion is the purchase of a pre-paid calling card. That is the most convenient way to call home since the phones in the hotels are turned off for out going calls.

MEDICAL PERMISSION FORM: Every passenger is provided with a medical permission form. Make sure the form is completely filled in and give it to your organizer. Students with prescription medicine should have adequate supply as out of state prescriptions are sometimes hard to fill.

THANK YOU & HAVE A WONDERFUL TRIP!!
USA STUDENT TRAVEL STAFF



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PACKING CHECK LIST – SPRING

LARGE LUGGAGE ITEMS*

CLOTHING	BATHROOM ACCESSORIES
<input type="checkbox"/> SHIRTS	<input type="checkbox"/> TOOTHBRUSH / TOOTHPASTE
<input type="checkbox"/> PANTS & SHORTS	<input type="checkbox"/> BAND AIDS
<input type="checkbox"/> SWEATSHIRTS OR JACKET	<input type="checkbox"/> SHAMPOO (SMALL CONTAINER)
<input type="checkbox"/> SOCKS	<input type="checkbox"/> CONDITIONER (SMALL CONTAINER)
<input type="checkbox"/> UNDERGARMETS	<input type="checkbox"/> DEODERANT
<input type="checkbox"/> COMFORTABLE WALKING SHOES	<input type="checkbox"/> MAKE-UP
<input type="checkbox"/> SWIMMING SUIT	<input type="checkbox"/> CURLING IRON
MISCELLANEOUS	ACCESSORIES
<input type="checkbox"/> PHOTO I.D.	<input type="checkbox"/> GLOVES
<input type="checkbox"/> PRE-PAID CALLING CARD	<input type="checkbox"/> HAT/CAP <i>BOTH FEMALE AND MALE</i>
<input type="checkbox"/> SUNBLOCK	<input type="checkbox"/> SUNGLASSES
<input type="checkbox"/> EMPTY WATER BOTTLE - HYDRATION	<input type="checkbox"/> RAIN PONCHO
<input type="checkbox"/> WATCH (must wear at all times!)	<input type="checkbox"/> BACKPACK – USE AS CARRY-ON
<input type="checkbox"/> TRAVELER CHECKS OR DEBIT/CREDIT CARD	

CARRY ON BAG ITEMS*

<input type="checkbox"/> T-SHIRT	<input type="checkbox"/> PHOTO I.D.
<input type="checkbox"/> READING GLASSES	<input type="checkbox"/> CALLING CARD / CELL PHONE
<input type="checkbox"/> PRESCRIPTION MEDICATIONS	<input type="checkbox"/> RAIN PONCHO
<input type="checkbox"/> CAMERA	<input type="checkbox"/> MP3 PLAYER
<input type="checkbox"/> FOOD / SNACK ITEMS	
<input type="checkbox"/> TRAVELERS CHECKS OR DEBIT/CREDIT CARD	

****Checked baggage can not exceed 45 pounds**